

**An Invitation to attend  
ADELAIDE - MITCHAM  
PROSTATE CANCER  
SUPPORT GROUP  
Meeting**

**Wednesday 9<sup>th</sup> October 2024**

**Guest Speaker**

**Darren Davey**

**Men's Health Physiotherapist**

**Physio Prime Men's Health**

**Topic: R.E.S.E.T.**

**Resetting after a diagnosis**

**Of Prostate Cancer**

**Where: Colonel Light Gardens RSL Club**

**4 Prince George Parade**

**Colonel Light Gardens**

**Time: 7.00p.m. - 8.45p.m.**

**Contact: Roland 0438 604 323, Ralph 0406 006 654**

**Jeff 8277 3424 or <http://adelaide-mitchampcsg.org>**

**Voluntary donations welcome**