

**An Invitation to attend  
ADELAIDE - MITCHAM  
PROSTATE CANCER  
SUPPORT GROUP  
Meeting**

**Wednesday 9<sup>th</sup> August 2023**

**Guest Speaker**

**Henry McGregor**

**Men's Health Physiotherapist**

**Adelaide Men's Health Physio**

**Where: Colonel Light Gardens RSL Club  
4 Prince George Parade  
Colonel Light Gardens**

**Time: 7.00p.m. - 8.45p.m.**

**Contact: Ralph 0406 006 654, Jeff 8277 3424  
Ian 0407 963 355**

**or [www.adelaide-mitchampcsg.org](http://www.adelaide-mitchampcsg.org)**

**Voluntary donations welcome**