

**An Invitation to attend
ADELAIDE - MITCHAM
PROSTATE CANCER
SUPPORT GROUP
Meeting**

Thursday 19th March 2020

Guest Speaker

Chris Hygonnet-Heart Foundation

**Topic: Warning signs of a heart attack and how to
reduce your risk of heart disease**

**Where: Colonel Light Gardens RSL Club
4 Prince George Parade
Colonel Light Gardens**

Time: 7.00p.m. - 8.45p.m. (Tea/coffee provided)

**Contact: Roland 0438 604 323, Ralph 0406 006 654
or www.adelaidemitchampcsg.org**

All welcome to attend this free informative evening